

RTAUZYUW RUEADWD4851 0292347-UUUU--RUEARSK. ZNR UUUUU ZYW ZOC ZEO T ALL  
US ARMY REPS AND ACTIVITIES

R 292039Z JAN 99

FM DA WASHINGTON DC//DAMO-ZA//

TO ALARACT

INFO RUEADWD/DA WASHINGTON DC//DACS-ZA//DACS-ZD//DALO-ZA//DAPE-ZX//  
RUEADWD/DAMO-ZA//DAMO-ZX/DAMO-TRZ/DAMO-TRI/DAMO-FDZ/DAMO-  
RUEADWD/ODZ//DAEN-ZC//

BT UNCLAS ALARACT 006/99

**SUBJECT: POLICY CHANGE TO INSTITUTIONAL ARMY PHYSICAL FITNESS TESTING**

REF/A/MESSAGE/ODCSOPS (DAMO-TR), DTG 081650Z MARCH 1995, SUBJECT: APFT AND  
HEIGHT/WEIGHT REQUIREMENTS. MESSAGE REQUIRED SOLDIERS TO SUCCESSFULLY  
COMPLETE APFT FOR SCHOOL ENROLLMENT. SOLDIERS FAILING APFT WERE DENIED  
ENROLLMENT.

1. THE PURPOSE OF THIS MESSAGE IS TO ANNOUNCE CSA APPROVAL OF A POLICY  
CHANGE PERTAINING TO THE ARMY PHYSICAL FITNESS TEST (APFT) AT INSTITUTIONAL  
TRAINING COURSES.

2. THE NEW POLICY AFFECTS THE FOLLOWING FUNCTIONAL AND PROFESSIONAL  
DEVELOPMENT COURSES: PLDC, BNCOC, ANCO (FOR RC BNCOC/ANCO PHASE I  
COMMON LEADER TRAINING ONLY), BATTLE STAFF NCO COURSE, FIRST SERGEANT  
COURSE, NON-RESIDENT SMC, WOCS, WOAC, WOSC, OCS (ALTERNATE APFT IS NOT  
APPLICABLE TO OCS AND WOCS).

3. THE NEW POLICY MANDATES ALL SOLDIERS FOR THE ABOVE COURSES WILL TAKE  
THE APFT WITHIN 72 HOURS OF ENROLLMENT. IF THE SOLDIER FAILS THE INITIAL  
APFT, THE SOLDIER WILL BE PROVIDED ONE RETEST SEVEN TO

FOURTEEN DAYS AFTER FAILURE OF THE INITIAL APFT. IF THE SOLDIER FAILS THE  
RETEST, THE SOLDIER WILL RECEIVE AN ACADEMIC DISMISSAL FOR FAILURE TO MEET  
APFT STANDARDS.

4. RESERVE COMPONENT (RC) SOLDIERS ATTENDING TRAINING DURING THE INACTIVE  
DUTY TRAINING (IDT) PHASE WILL TAKE THE INITIAL APFT WITHIN 72 HOURS OF  
ENROLLMENT. IF THE SOLDIER FAILS THE INITIAL APFT, THEN THE SOLDIER WILL BE  
PROVIDED ONE RETEST NOT EARLIER THAN DAY SIX NOR LATER THAN DAY SEVEN OF  
THE POI AFTER THE INITIAL APFT. IF THE SOLDIER FAILS THE RETEST, THEN THE  
SOLDIER WILL RECEIVE AN ACADEMIC DISMISSAL FOR FAILURE TO MEET APFT  
STANDARDS.

5. SOLDIERS ATTENDING OTHER PROFESSIONAL DEVELOPMENT COURSES NOT  
MENTIONED IN PARAGRAPH 2, IN EITHER A PCS OR TDY STATUS, E.G., SMC, OAC,  
CGSC, AWC, AND ANY OTHER RESIDENT COURSES EIGHT WEEKS OR LONGER, ARE  
STILL UNDER THE POLICY WHICH REQUIRES THE SOLDIER TO TAKE AND PASS THE  
APFT IN ORDER TO GRADUATE (REFERENCED MESSAGE, DTG 081650Z MARCH 1995).

6. THIS CHANGE DOES NOT AFFECT SOLDIERS REPORTING TO DRILL SERGEANT, AIRBORNE, OR RANGER SCHOOL, SPECIAL FORCES ASSESSMENT AND SELECTION, OCS, OR WOCS. THESE SOLDIERS MUST MEET THE APFT REQUIREMENTS FOR THESE COURSES AS ESTABLISHED BY TRADOC AND APPROVED BY ODCSOPS PER AR 350-41, PARA 9-8.B(13).

7. THE NEW POLICY APPLIES TO ALL AFFECTED CLASSES BEGINNING 1 FEBRUARY 1999, TO COINCIDE WITH THE START OF THE NEW APFT STANDARDS.

8. POC THIS ACTION IS SGM SCHEXNAYDER, DSN 227-4651 OR COMM (703) 697-4651, OR MAJ HUGHES, DSN 223-7110 OR COMM (703) 693-7110.

9. DISPOSITION CAN NOT BE DETERMINED AT THIS TIME.

BT